



18th Sunday of the TO August 4'24 - Cycle B



I WANT TO FIND YOU



SETTING

Come Lord, we are waiting for you and we want to be with you; The peace, the calm, the calm invite me to be and enjoy the moment.

We close our eyes and listen in silence to God's will in every good gesture and kind word that he always gives us.

Increase our faith and trust in your food and drink as signs of the Eucharist, celebration of life.

SINGING. FILL US WITH YOU - from Susana Melero's album

https://youtu.be/C782kr50XjQ?si=5O8HyCIDhrqqW_Mb

GOSPEL – John 6, 24-35

“When the crowd realized that Jesus and his disciples were not there, they got into the boats and went to Capernaum in search of Jesus. Finding him on the other bank, they asked him: "Master, when did you arrive?" Jesus answered them, "I tell you the truth, you sought me, not because you saw signs, but because you ate bread until you were satisfied. Work not for perishable food, but for that which endures to eternal life, which the Son of Man will give you." ; for it is he whom God, the Father, marked with his seal." They asked him, "What must we do to accomplish the works of God?" Jesus answered them: "The work of God is that you believe in him whom he has sent." And they asked him again: "What signs do you do so that we may see and believe in you? What work do you do? Our fathers ate the manna in the desert, as the Scripture says: He gave them bread that came down from heaven to eat." Jesus answered: "I tell you the truth, it is not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven; for it is the bread of God that comes down from heaven and gives life to the world." They said to him: "Lord, always give us that bread." Jesus answered them: "I am the bread of Life. He who comes to me will never hunger; he who believes in me will never thirst."

To deepen the text of the Word of God today (*Marie- Noëlle THABUT*)

Exodus 16, 2-4. 12-15 shows us that, although they were slaves in Egypt, the Hebrews were probably not so poorly fed. In the desert, it is something else... One is free, if it can be, since it is Moses who says it. But meanwhile, in the desert, people are starving and murmuring. Moses says it clearly: "You do not murmur against us, but rather you murmur against the LORD." In response to the murmurings, God, who has not changed, sends the food, the bread and the quails. God is discreet and we forget that everything is a gift.

Psalm **77/78** is very long and the verses that we read today only tell us about one aspect: in them, everything seems wonderful; The people of Israel recognize, without ceasing, the goodness of God; and if the psalm has been chosen for this Sunday it is precisely because the people are grateful for the gift of manna during the Exodus: "To feed them, he makes manna rain, he gives them wheat from heaven."

In **Ephesians 4, 17. 20 – 24**, Paul reminds us, once again, that we are free and that it is necessary to choose; because, in the face of truth, error stands. "We will no longer be children, in the sense of immature," shaken, carried adrift by any wind of doctrine, shaken by men and by their cunning that confuses into error. But confessing the truth in love, we will grow in all aspects and go towards him who is the head, Christ" (4:14-15). We recognize in this text the theme of the "two ways" so familiar to the men of the Old Testament, and developed several times by Paul: "You must not behave like the pagans who allow themselves to be guided by the emptiness of their thoughts... When you came to to be disciples of Christ, that was not what you learned.

This Sunday, we read chapter **6, 24-35 of the gospel of John** : first we saw the multiplication of the loaves. The story ended with Jesus' abrupt departure because, John tells us, "He knew that they were about to make him their king." For this reason, Jesus retreats alone to the mountain. His disciples had left for Capernaum where Jesus joined them walking on the water (6, 16-21). And it was precisely in the synagogue of Capernaum where Jesus gave the great discourse on the bread of life, a discourse that begins with this Sunday's passage. There, Jesus will speak clearly, but will not be understood: "Attention, what I am going to tell you is serious, difficult to hear, and yet it is about the truth." We are warned. Indeed, the discourse on the bread of life is, without a doubt, one of the most difficult things to understand, the proof is that, three times, those who were listening to the discourse interrupted to raise their objections. But Jesus, patiently, step by step, with the insight of the consummate leader, will take them to the end of the Revelation. Our text today ends with the announcement of the Eucharist: «I am the bread of life. Whoever comes to me will never hunger again; "He who believes in me will never thirst."

Clues to internalize the word

- For you, what is the food that remains until eternal Life?
- Believing in the one He has sent, what does it say to your life?
- Jesus is the bread of Life, how do we walk as a community towards Him?



AMBIENTAL MUSIC. LEUS ANG – JUSTIN BIANCO

<https://youtu.be/pJYBJkIvWx0?si=V1ZOtRYSObMMqGHg>

NEITHER HUNGER, NOR THIRST

The one who comes to me
you won't be hungry,
the one who believes in me
you won't be thirsty.
Satiated with food
that comes from you,
transformed our life
in ways and manners
close, which transmit
life, joy, wisdom.
Placing my eyes on You,
sent from the Father,
we will be projection
of that love that
changes us,
of that love that
drives us,
of that love that gives us
in life to provoke;
of that love that takes us
to transform the environment.
Challenged by your Word
and full of that light
that makes life visible,
that is delivered and
that always occurs.
He doesn't feel hungry or
thirsty,

who found you,
who recognizes you
in its center,
who wants to give for free,
who feels that theirs
It belongs to everyone and
that your self is transformed
in a we.
He doesn't feel hungry or
thirsty,
who goes free,
releasing;
who goes with others,
together,
who has discovered
a world that belongs to
everyone;
who chooses what is fair,
who wants to change
to better live,
to be a community,
to put your eyes
in the eternal.
He doesn't feel hungry or
thirsty,
who knows you,
welcomes you and follows you.

SINGING. You are from God – FOCOLARS

<https://youtu.be/sT27IGCSU8M?si=ShM3RaW1DIJrzHER>

Thank you Father – SUSANA MELERO

<https://youtu.be/Qa79TNqBsMA?si=myPyHDI074phqcwV>



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