

# **MY LORD**



# AND OUR GOD

## SETTING

It is an Easter, the passage of the Lord. He is the Lord and enough for us. Certainty is in believing. Interiority in humanity. See with your eyes, see from intimacy, see with your thoughts, see with your desire, and see with hope...

Seeing is the door of the soul that transports us to the eternal, in the human.

Deep down, I dream of you, I see you and I touch you. In the look, I feel you, I caress you, and I find you.

To believe and to continue dreaming, to continue walking, creating, lighting, raising and empowering life in each one, in the brothers.

Bring your mercy to the world, I trust in you. Alleluia Alleluia...

SONG. Bless the Lord oh my soul – Manna Lyrics https://www.youtube.com/watch?v=7utzmfkQmJA

### **GOSPEL – John 20, 19-31**

"When it was evening on that day, the first of the week, and the doors of the house where the disciples had met were locked for fear of the Jews. Jesus came and stood among them and said. "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." Thomas (who was called the Twin) one of the Twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails and my hand in his side, I will not believe." A week later his disciples were again in the house and Thomas was with them. Although the doors were shut, Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas: "Put your finger here and see my hands; Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God." Jesus said to him, "Have believed because you have seen me? Blessed are those who have not seen and yet have come to believe." Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name."

#### We deepen the Gospel

It is the first time that the Risen Jesus meets his disciples. In their heads, the last words that Jesus had pronounced on the cross still resound: "Everything is finished!" Thus ends the story of the Passion in the Gospel of Saint John. It seems that this phrase "Everything is finished" means: "God's plan has been fulfilled." And it is in this state of mind that John experiences his first encounter with the Risen One.

As if by chance, the event takes place in Jerusalem! Jerusalem, the city made for peace, as its name indicates. And it is there that Jesus announces and gives his peace. Jesus says "Shalom", and because he is God, and finally recognized as such, his Word is effective and creative. The disciples are joyful: John remembers the words spoken by Christ, the last evening: "Now you are afflicted, but I will see you again and your hearts will rejoice, and no one will be able to take this joy from you» (Jn 16, 22).

"It happened on the first day of the week in the afternoon." We must bear in mind that, in Jesus' time, this first day of the week was a day like the others... however, the seventh day, Saturday, was the day of rest and prayer: the Sabbath. But it turns out that Jesus was resurrected the day after the Sabbath and that one after another, he manifested himself alive to his apostles after the resurrection, and he always did so on the first day of the week: this explains that, for the Christians, "the first day of the week" turned out to be, for them, the first day of the New Times. Thus, in the same way as the seven-day week of the Jews, it recalled the seven days of Creation,

The new week that began with the Resurrection of Christ turned out to be, for Christians, the beginning of the new Creation.

And it was precisely on that day, the first day of the week, when Jesus gives his Spirit to his disciples, just as the prophet Ezekiel had announced. Jesus "breathes" on them and says: "Receive the Holy Spirit".

As for the phrase "Whose sins you forgive, they are forgiven; whom you retain, they are retained." It can be translated as: "Go, announce that sins are forgiven. Be the ambassadors of universal reconciliation. If you do not go, the Good News of Reconciliation will not be announced. It is the Father who entrusts you with this urgent and indispensable mission."

## **Clues for the prayers**

- 1. What does the text say? (Reading)
- 2. What is God saying to me in this text? (Meditation)
- 3. How do I dialogue with God and with what the text tells me? (Sentence)
- 4. How do I experience the presence of God in my life? (Contemplation)
- 5. How do I put into practice the message of the Word of God in my real life? (Action)

### BELIEVE TO CREATE \_\_\_\_

## AMBIENTAL MUSIC. HAUSER - The Lonely Shepherd https://www.youtube.com/watch?v=UbpYT9\_6XrU

## TOUCH WITH THE EYES

There are hands that see and looks that touch. Deep life, it reaches everything. Come closer with your eyes, take a step in the morning. Walk with hope, let me into your word come out cured Walk with some with others, all in dance. Walk to the places simple, quiet, without words. Walk to meet of those who need calm. Walk, making the way, Home, house, inn. Walk in all directions. Walk be word that empowers and lifts. Walk to the places Do not walk, be life. Walk, welcome, talk and be the witness, in the looks. My God, our Lord.

SONG. Jesus, I trust in you – The vigil Project https://www.youtube.com/watch?v=stmyMilN3LY



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