

Gospel of 1<sup>st</sup> Sunday of LENT  
6<sup>th</sup> March, 2022. Cycle C



**LET YOUR LIFE SPEAK ABOUT ME**



**SETTING**

Get back on track this LENT. Walk with an attentive look at everything that exists. Internalize starting points, encounters, talks, sharing. Exchange the experiences of past and of future. Organize the interior and arrange the equipment with which to walk, made of commitments, desires, illusions and dreams; train ourselves in the attempts...

I enter the desert of my own life and there I want to find myself from what I am, with you; God of tender, human, close stories to resume the paths that lead me to meet others.

LENT, road to EASTER.

**SONG. You are precious to me – Mahima Loungani**

<https://www.youtube.com/watch?v=1bvK9GyKZWg>

## **GOSPEL – Luke 4, 1-13**

"Jesus full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days and when they were over he was famished. Then the devil said to him "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him "It is written: One does not live by bread alone." Then the devil led him up and he showed him in an instant all the kingdoms of the world. And the devil said to him: "To you I will give their glory and all this authority: for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, Worship the Lord your God, and serve only him." Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him: "If you are the Son of God, throw yourself down from here, for it is written, He will commend his angels concerning you, to protect you, and on their hands they will bear you up, so that you will not dash your foot against a stone." Jesus answered him, "It is said, do not put the Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time."

### **We deepen the Gospel**

In this Sunday's liturgy it is very interesting to read this Gospel and the psalm that precedes it together. "When I dwell in the shelter of the Most High and rest in the shadow of the Almighty I say to the Lord: "My refuge and my stronghold, my God in whom I trust. Exactly this is the attitude of Christ, at the gates of his public life, to remain simply in the shadow of the Most High.

The temptation would be to leave this shelter or to doubt that the shelter is safe or to look for other shelters, other securities. These three temptations have been the temptations of the people of Israel throughout the biblical history. And when the tempter (his name in the Greek text is "divider") when the divider addresses Jesus, he stands precisely on this ground: three times he tries to introduce his poison. "If you are the Son of God you can do whatever you want... But Jesus knows very well that only God can satisfy all the hungers of the human being and for this reason Jesus chooses to trust to the extreme and dwell in the shelter of the Most High".

**Let us take up one by one the three proposals of the Tempter and the three responses of Jesus.**

**First temptation and first response of Jesus:** when Jesus begins to suffer because of hunger, the Tempter tells him: "If you are the Son of God order this stone to become bread" and Jesus replies: "It is written: Man does not

live by bread alone." This phrase all the Jewish people know it very well because it is found in chapter 8 of Deuteronomy. The people know from experiences the meaning of the blessedness of poverty. "Blessed are those who are hungry because they have only God to satisfy them."

**Second temptation and second response of Jesus:** The Tempter promises him all the kingdoms of the earth. Jesus replies. You will kneel before the Lord your God and Him alone you will worship. Here we must highlight the reversal of perspective between the demands of the Tempter and the free gifts of God. The Tempter says; begin by kneeling and afterward I will give to you (parenthetically the Tempter promises what does not belong to him) God is totally the opposite: he begins by giving and only later says: do not forget that I have given you, so trust me.

**Third temptation and third response of Jesus:** If you are the Son of God throw yourself down from here, for it is written: He will command his angels concerning you to protect you and on the other hands they will bear you up, so that you will not dash your foot against a stone." And Jesus replies: "It is said do not put the Lord your God to the test." That is to say: you will not demand proof of God's presence and protection. Obviously the devil and Jesus Christ do not have the same idea about the Son of God! That is right. The Tempter seems to want to say: If you are the Son of God prove it, and Jesus really proves it. How? **Remaining faithful to his Father.**

### **Clues for the prayers**

What does the text say? (Reading)

What God is telling me through this text? (Meditation)

How do I dialogue with God, with what the text tells me? (Prayer)

How do I feel the presence of God in my life? (Contemplation)

How do I put into practice the message of the word of God in my real life? (Action)

**DO GOOD, DO NOT TIRED** \_\_\_\_\_

**AMBIENTAL MUSIC.**

**HAUSER - Now We Are Free (Gladiator)**

[https://www.youtube.com/watch?v=z\\_7MGy6SaMM](https://www.youtube.com/watch?v=z_7MGy6SaMM)

### **FROM WHAT IS NECESSARY**

Of bread and wine, man lives;

Although not only that...

Also of the Word that gives you  
Confidence, strength, light.  
Go the distance safely  
Of which it is known accompanied by you,  
God of encounter and of life.  
Am I aware of what I live?  
What do I aspire to?  
Your plan calls me.  
In the desert feel and experience  
The vulnerability, the silence, the authentic.  
From the desert choose,  
For the necessary, the unattractive, the full.  
Take a look at the panorama.  
You do not seduce,  
ostentation and money.  
Do not be rushed by flattery  
to the precipice  
Jesus, you offer me a natural life,  
in your words, feelings,  
in the delicate tenderness of your gestures,  
in the kind expression on your face.  
Let us humanize life, it is time;  
in words, responses, in those gestures.  
It would be wonderful to accept  
the mistake, the misunderstanding, the blunder.  
We are simply flesh and bone.  
We need opportunities  
of encounters, of beginnings.  
We are and we will be a little what we dream.  
With you, Lord of Lent,  
We walk towards the morning, from the encounter.

### **SONG. Take up your cross – Namibia hymn**

<https://www.youtube.com/watch?v=mPe4vUBFvGE>



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