



5th SUNDAY 8 FEBRUARY 26  
CYCLE A



## WHEN FAITH LEAVES ITS MARK



### SETTING

The Word of God confronts us with a reality we cannot ignore. Jesus calls us to be salt and light in a world wounded by hunger and inequality. It is not just about believing, but about living a faith that is evident in what we do every day. Sharing, welcoming, and caring for those most in need is the path God proposes to us.

Being light means not looking the other way when someone is suffering. Being salt means giving flavour to life with concrete acts of justice and solidarity. God does not ask us for grand speeches, but for open hearts and willing hands. We are invited to move from words to action. May today's celebration awakens us and stirs us from within. Together, let us learn to build the world we dream of.

### SONG: YOU ARE THE SALT OF THE EARTH

<https://www.youtube.com/watch?v=xRuvzpeEfYE>

## **GOSPEL – Mathew 5, 13 -16**

“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

### **Let us delve deeper into today's Word**

**Is 58,7-10.** Isaiah's powerful preaching is highly relevant today, as ruthless economic competition increasingly rejects the vulnerable and creates "new poor."

**Psalm 118:9-14.** Blessed are those whose lives radiate the light of God!

**1Cor 2,1-5.** Only the strength of the Spirit and the power of the cross are capable of converting hearts

**Mt 5, 13 -16.** It's nice when a lamp is beautiful, but frankly, it's not the most important thing! The first thing you ask of a lamp is that it gives light, because if the lamp doesn't give light, you won't see that it's beautiful either. As for salt, its purpose is to disappear in order to fulfill its function, but if it's missing, the meal won't be as good. Another reality is that neither light nor salt exists in isolation. In fact, Jesus tells his disciples, "You are the salt of the earth... You are the light of the world..." What's important, then, is the earth and the world. Salt and light are insignificant compared to the earth and the world! But what is the relationship between these two natural elements, to which Jesus compares his disciples? These two elements are revealing: salt enhances the flavour of food, and light allows us to know and appreciate the beauty of beings and the world. Food exists before it receives salt; beings and the world exist before they are illuminated. This clearly defines the mission Jesus entrusts to his disciples, and to us as well. No one needs us to exist, but we have all been entrusted with a specific task. We are the salt of the earth; we are here to reveal to people the flavour of their lives. To evangelize is simply to say: “The Kingdom is in your midst, in

every gesture, in every word of love.” It is there that everyone awaits us to reveal the Name of the One who acts through them, for “where there is love, there is God.” Light of the world, we are there to highlight what is valuable in this world: it is the gaze of love that reveals the true face of people and things. The Holy Spirit has been given to us precisely so that we might come into contact with every gesture or word that comes from Him. Now, to be Salt and light, we must love deeply!

### **Praying with the Word**

The Christian community and individual Christians are invited to be present in their surroundings and united with the Master. We are invited to bring flavor, to remain on the mountaintop, amidst history and conflicts... to give light, to be the word of the Gospel, to build the Kingdom, to illuminate. In our daily lives, how do we continue to manifest our identity as believers?



**SAVE THE LAST DANCE - INSTRUMENTAL (STEVE PETRUNAK GUITAR)**

<https://youtu.be/QQ0sjqzAIh0?si=VR2Vl-Wx5L7VmZRW>

**LE ONDE – LUDOVICO EINAUDI**

<https://youtu.be/Vg-0DFNTBm0?si=zcaWgjSK8ok-meaa>

## A LIGHT THAT DOESN'T ASK FOR PERMISSION

Lord we don't want a  
comfortable faith,  
of the couch and screens,  
a faith that looks on  
without getting involved.

Awaken us when the pain of  
others doesn't hurt us,  
when hunger seems distant.

Make us salt that stings  
when there is injustice,  
that makes us uncomfortable  
when everything remains the  
same.

Make us light  
without filters or shadows,  
light that shows paths,  
light that is noticeable  
in the street.

Break our fears,  
the "it's not my problem,"  
the "I can't do anything,"  
the silence  
that protects us.

Teach us to share  
what we are, what we have,  
even if we lack security.

May our hands speak more  
than our words,  
may our actions be prayer.

And when we doubt, Lord,  
remind us  
that following you  
is taking risks  
for love.

## CANTO.

### SOIS LA SAL VOSOTROS SOIS LA LUZ – LUIS GUITARRA

<https://youtu.be/qOHhYr0LxbE?si=sUTmRKuSWvyA9LaD>

### LA SAL Y LA LUZ – BROTES DE OLIVO

<https://youtu.be/bzo3KocErPo?si=HMdUkqZR3pvNrA9>



Sisters of Charity of St. Anne  
C/ Madre Ràfols, 13 - 50.004 - ZARAGOZA (Spain)

[www.chesa.org](http://www.chesa.org)

