

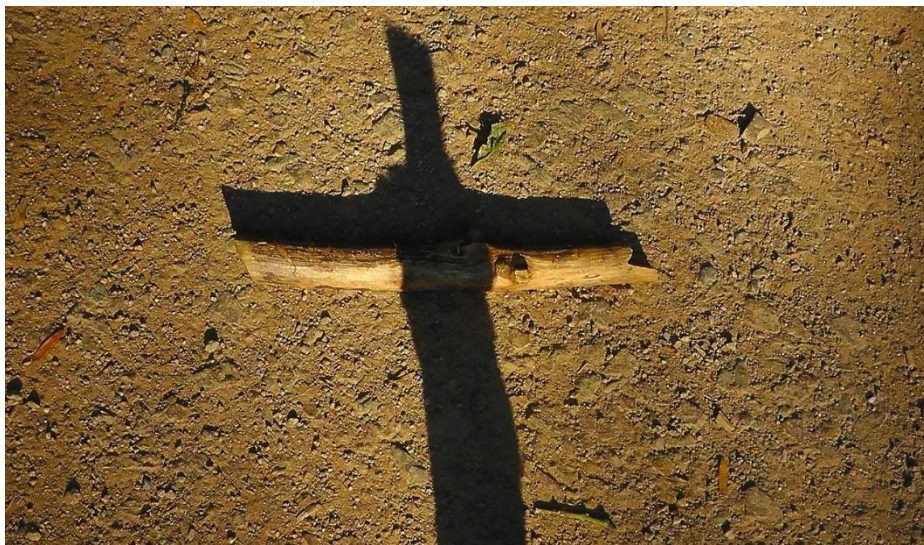


XXIV Sunday 14th September 25 – Cycle C



Exaltation of the Holy Cross

HE SENT US HIS SON



SETTING

You gave us eyes to see, although we also look with our hands, we look with our mouths, with our sense of smell, we look with our ears; it's all about seeing.

I invite you to close your eyes to see differently.

Today the Word invites us to look at the cross, not as an ornament or a sad symbol, but as the greatest sign of God's love. Jesus came not to condemn, but to save; to transform death into life, wounds into healing, and defeat into possibility.

Today's Gospel questions us and asks: what does the cross mean to you? Let us open our hearts, because it is not a theory; it is a commitment to

live as saved people, to love to the extreme, and to make our lives a response to God's love.

SONG: COME YOU BROKEN HEAVY LADEN

https://www.youtube.com/watch?v=OYFA81F9IfM&list=RDOYFA81F9IfM&start_radio=1

GOSPEL – Jn 3, 13-17

"No man has ascended into heaven except the one who came down from heaven—the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life. For God so loved the world that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be judged, but whoever does not believe is judged already, because he has not believed in the name of God's only begotten Son."

To internalize the Word today

Num 21,4b-9. The Exodus is a kind of parable of the entire history of salvation, portraying human infidelity. It is also a parable of God's unexpected intervention: making the cause of death the cause of salvation.

Psalms 77. A metal serpent raised in the desert; a cross raised on Golgotha: God tirelessly heals and forgives.

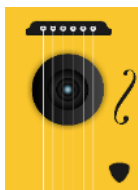
Philip 2, 6-11. This is a fragment of an ancient liturgical hymn. The voluntary abasement of divine status to human status. Death on a cross for our salvation, exaltation of the Father's glory: this was the paschal journey of Jesus Christ. To recognize him as Lord is to obtain life.

Jn 3,13-17. The Cross of Christ is the shining sign of God's love for humanity. The death of Jesus, exalted in the glory of the Father because of his obedience, is the cause of the salvation of all men and women. From the sacrament of Baptism, which gives us birth to divine life, to the

sacrament of the Anointing of the Sick, which consoles us in the state of weakness that precedes entry into eternal life, the Christian is marked with the sign of the Cross. In homes as in churches, the Cross is present, as was the metal serpent that saved those who lifted their eyes to it. But here it is a question of the eternal salvation of our earthly exodus. The adoration of the Cross is not the adoration of the symbol. When we kneel before the sign of our Redemption, it is the Name of Jesus that is adored, and the Father who has raised Him above all. **May the Spirit of God help us understand the depth of love manifested by the Cross!**

Prayer clues

- What does the Cross of Christ mean in your life?
- Share your experience with the crucified and risen Christ.
- In the life of our community, parish, or church, how do we share the love Christ offers us on the Cross?



AMBIENTMUSIC.

SAD CELLO MELODY

<https://youtu.be/mh094YhoCyE?si=97nJQ5B-vyrmsPR2>

SAD CELLO SOLO (ORIGINAL)

<https://youtu.be/u0KQqOai-uA?si=ajKWVE8PR5K1143P>

LOOK LIKE YOU

To look as You look...
how beautiful it would be, Lord,
to look with Your gaze,
which penetrates the deep,
which uncovers the hidden,
which reaches the most intimate.

How necessary it is to look at
You!

To capture the light of Your
eyes,
which illuminate life,
which reveal the truth,
which show us what we cannot
see alone.

Open our eyes,
sing Your melody,
look as You look
and walk alertly,
in service,
in encounter,
in surrender.

Look as You look
and tell of Your wonders.

Because Your eyes, Lord,
do not condemn, they lift up.
They do not point, they heal.
They do not wound, they love.

To look at the Cross with You,
and discover in it
not defeat,
but total surrender.
In every wound, overflowing
love;
in every nail, a commitment;
in every heartbeat,
the certainty that we are.

And from the Cross,
learn to live,
serve without measure,
love unconditionally,
sow hope.

See as You see,
and dare to carry
the cross of each day,
transforming life
into a song of faithful love.

SONG: MORE LOVE ,ORE POWER

https://www.youtube.com/watch?v=HbB89qjDglU&list=RDHbB89qjDglU&start_radio=1



Sisters of charity of st. Anne
C/ Madre Ràfols, 13 - 50.004 - ZARAGOZA (Spain)
www.chcsa.org

