



## 4th SUNDAY of ADVENT 22nd of December 24 - Cycle C



### IN THE SMALL



### SETTING

Visit, get up and leave, walk towards, reach the other, greet, let myself be welcomed.

May life sprout in me, may I vivify the lives of others. Come closer to the mystery of life and also proclaim the greatness of the Lord.

Bless the environment with your simple presence that embodies in itself the message you have seen and heard.

Witness the small, everything that builds in open dialogue with the diverse, the new, new the different.

May your presence be the hope to which Pope Francis calls us in preparation for the Jubilee of 2025.

**SONG. O come o comme Imanuel: Sunday 7 choir**

<https://www.youtube.com/watch?v=Ley1aOPDHCE>

**GOSPEL – Luke 1, 39-45**

"In those days, Mary arose and went quickly to the hill country, to a city of Judah; she entered the house of Zechariah and greeted Elizabeth. And it came to pass, as soon as Elizabeth heard Mary's greeting, she leaped for joy. The child in her womb, and Elizabeth was filled with the Holy Spirit; and exclaiming with a loud voice, she said: "Blessed are you among women and blessed is the fruit of your womb, and where can I be than the mother of my Lord? come to me? Because, as soon as the voice of your greeting reached my ears, the child in my womb leaped for joy. Happy is she who believed that the things that were told to her from the Lord would be fulfilled! "

**Deepen the Word of God today (Marie-Noëlle THABUT) (**

Micah 5, 1-4. Because God has promised it. "She who is pregnant", this means: she who is foreseen in God's plan to bring a child into the world. So, it is necessary to understand that the time of apparent abandonment that we are experiencing is nothing more than a moment in the development of human history.

Psalms 79 (80). To supplicate God, two images are evoked: He is the shepherd of Israel, and also the vinedresser. Two images of concern, of constant attention; two images, evidently, inspired by everyday life.

Hebrews 10, 5-10. The material of Christ's offering is his entire life, the love given to everyone, day by day, from the beginning of his life: «Since his entry into the world, Christ says...you have given me a body.... here I am." From now on, without a doubt, the Body of Christ, which we are, has nothing else to do but say "here I am"... and, evidently, act accordingly.

Gospel: Luke 1, 39-45. We continue at the beginning of the Gospel of Luke. That's right, first we have contemplated the two stories of the Annunciation: to Zechariah the annunciation of the birth of John the Baptist and then to Mary the Annunciation of the birth of Jesus. Today

the gospel of Luke presents us with the “Visitation”. All this seems to be a story of family events, but, make no mistake: in reality Luke writes an eminently theological work. It is necessary to consider the weight of the central phrase of this text: "Elizabeth, filled with the Holy Spirit, I cry out loudly"; This means that it is the Holy Spirit in person who speaks to announce, from the beginning of the Gospel, what will be the great Good News of the entire Gospel of Luke: the one who has just been conceived is the “Lord.” And what are the words that the Spirit inspires Isabel? “Blessed are you”, “And blessed is the fruit of your womb”: which means that God acts in you and for you and that God acts in your child and for your child. As always, the Holy Spirit is what allows us to discover in our lives, in the lives of others, without exception, the mark of God's work. As for the future John the Baptist, he too expresses his joy: Elizabeth tells us that "the child trembled with pure joy" in his mother's womb as soon as he heard Mary's voice. It must be said that he was also filled with the Holy Spirit. On the other hand, it can be thought that Luke feels happy to accumulate, in the story of the Visitation, the details that recall another event: the raising of the Ark of the Covenant to Jerusalem. And the Ark of the Covenant was the place of the Presence of God. Mysteriously, Mary therefore carries, in her body, this Presence of God; and from there, God inhabits our humanity: “The Word became flesh, and dwelt among us.

### **Tips for prayer**

- What does the Gospel tell you today?
- Talk to God about what you discover.
- What if we went with all our senses open to discover the God who lives in each person?



### **AMBIENTAL MUSIC.**

### **AMAZING GRACE - PETRUNAK**

<https://youtu.be/sOuWnF0ZvmE?si=n4wpZdis-S4rD3zH>

**BLESSED YOU**

Bienaventurada Blessed is she  
who  
comes out of itself and  
reaches others.  
Blessed is she who  
promptly sets  
on the go and arrives at the  
house  
to bless  
Blessed is the look  
clean and spontaneous  
recognizes God in others.  
Blessed is the word,  
the greeting, the welcome,  
vibrating with presence.  
Blessed is the hand  
that willing to serve,  
cherish life.  
Blessed is the step  
that leads to the meeting,  
that goes towards another.  
Blessed is the gesture  
simple and unique  
proposes salvation.  
Blessed is the thought

good, successful, open  
who believes in the possibility.  
Blessed is the prophet  
dreamer, who proclaims  
justice and freedom.  
Blessed are the parents  
that give birth to life  
and they always accompany.  
Blessed are the simple  
that welcome every small  
gesture  
and they do the ordinary  
something big  
Blessed are those who believe  
in You and proclaim with their  
lives  
the word, the Kingdom.  
blessed are you  
that you welcome the Word  
and you carry it in every  
gesture.  
Rejoice and allow  
life is what it is  
called to be.

**SONG. Maranatha come lord Jesus**

<https://www.youtube.com/watch?v=BhrsSTXXNFg>

**TIERRA | CRISTÓBAL FONES, SJ - NAIROBY DUARTE**

<https://youtu.be/yY5VFjFS-k?si=gp7yfXHI91FtzbCI>



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