



# HOLY TRINITY SUNDAY

## 26th of May '24 – Cycle.. B



**IN THE NAME OF THE FATHER/INSPIRATOR OF DREAMS**



### **SETTING**

One God who is Father, Son and Holy Spirit, three persons, one God. God who is community, maker of encounters. We entrust ourselves to Him.

The Mystery of the Trinity opens us to intuitions that expand our faith and our committed living in the relational dimension, the contemplative and amazed centrality of the mysticism that every person is called to live.

In these Trinitarian keys: relationship, contemplation, encounter, we prepare to discover the traces of God in everyday life.

This Sunday, the Church proposes the Pro Orantibus Day, the day in which we revive memory and prayer for contemplatives.

Let us learn from this God of Love, community, enabler of encounters.

### **SONG. GODS SPIRIT IS IN MY HEART**

<https://www.youtube.com/watch?v=9VTQvYG-bl4>

### **GOSPEL – Mathew 28, 1-20**

«For their part, the eleven disciples went to Galilee, to the mountain that Jesus had indicated to them. And when they saw him they worshiped him; some however doubted. Jesus approached them and spoke to them like this: “All power in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to observe everything that I have commanded you. And behold, I am with you always until the end of the world.

#### **To deepen the Word (*Marie-Noëlle THABUT*)**

A few days after the Resurrection, here is the brief farewell speech given by Jesus. The fact occurs in Galilee, which is commonly called the "crossroads of the pagans", the "Galilee of the nations" and we understand that this is so since, from now on, the mission of the Apostles concerns "all nations." ». The Gospel of Matthew 28, 16-20 seems to fall short, but in reality, the adventure has just begun. Everything unfolds as in a movie in which the word "END" is inscribed on a path that opens to the infinite of centuries, because it is towards the infinite where Jesus sends them: "Go... and make disciples of all nations." nations... Until the end of the world.

«Go then! “Of all nations, make disciples; baptize them in the name of the Father, and of the Son, and of the Holy Spirit!” We do not often have the opportunity to dwell on this extraordinary formula of our faith. This is the first formulation of the mystery of the Trinity. Let us keep in mind that the expression: "In the Name of", very common in the Bible, means that there is only one God; On the other hand, the three Persons are named and well differentiated: "In the name of the Father, of the Son and of the Spirit." If we keep in mind that the NAME, in the Bible, is the person, and that baptize etymologically means "to immerse", this means that Baptism literally immerses us in the Trinity. The urgent order of Jesus to his disciples is therefore

understood: “Go!”, because he is in a hurry. How can we not be in a hurry to see all of humanity taking advantage of this proposal?

### **Tips for prayer**

- Read the text carefully. Stand on those words that resonate within you.
- - Go, make disciples! In the name of the Father, the Son and the Holy Spirit! I am with you every day.
- - What does this text invite you to?



### **AMBIENTAL MUSIC.**

#### **KOUROSH DINI - THE WEEKLY OASIS**

<https://www.youtube.com/live/WoHDZRGVioA?si=SYzaJk4-7vzJm5Fw>

### **RELATION**

Like the potter,  
caress and take in  
his hands the mud  
and gives rise to his work.  
It is God Trinity  
shaper of life,  
With his hands,  
those of the Son and  
those of the Spirit.  
Contemplate in the work,  
the mystery.  
Appreciate the beauty in  
her footprints.  
Open yourself every morning  
upon awakening of life.  
listen to the beats  
of man and what  
happens inside.  
Welcome with humility  
your mission in creation.

Direct your steps to  
another and build, together.  
Learn about everything and  
all.  
Stay with the good,  
Grow, mature,  
take a deep breath.  
What you are, express it.  
What you want, look for it,  
What helps you, multiply it.  
What shrinks you, face it.  
Respect life,  
the different,  
the dignity,  
the noes and the yeses,  
the times,  
The rhythms,  
the moments and  
to each one.  
Generates encounter,

speech, dialogue  
and reflection.  
Think, feel, sing,  
laugh and cry.  
Open your mind,

the eyes and the heart.  
Together let's hug  
the mystery of life,  
God Community,  
with us.

## SONG. FATHER I ADORE YOU

<https://www.youtube.com/watch?v=9bdid2HFk0c>



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