



EASTER SUNDAY

31st of March - Cycle B



A WOMAN



SETTING

Today is a day to celebrate life, it is Easter Sunday. The day when Life opens to the light. It is the third day of the Easter Triduum and the first of the 50 days of Easter.

In your presence Lord, which we always count on today, we remain silent to listen to you, to feel Life.

A moved stone and a Lord who is not physically speaking, but everything speaks to us about you. Let us experience your Presence.

Today we express with joy, with gestures and words: Hallelujah, Christ is risen!

Communicate Life!

SONG. Christ is risen

<https://www.youtube.com/watch?v=OX-Xt-vBYPc>

GOSPEL – John 20, 1-9

On the first day of the week Mary Magdalene went to the tomb early in the morning while it was still dark, and saw the stone rolled away from the tomb. He starts running and reaches Simon Peter and the other disciple whom Jesus loved and says to them: "They have taken the Lord from the tomb, and we do not know where they have put him. Peter and the other disciple left and went to the tomb. The two ran together, but the other disciple ran ahead faster than Peter, and reached the tomb first. He leaned over and saw the bandages on the floor; but he didn't enter. Simon Peter also arrives following him, enters the tomb and sees the bandages on the floor, and the shroud that covered his head, not next to the bandages, but folded in a separate place. Then the other disciple also entered, the one who had first arrived at the tomb; "He saw and believed, because until then they had not understood that according to the Scripture Jesus must rise from the dead."

To deepen the Word (Marie Noëlle THABUT)

"It is often said that Paul is the apostle of the pagans, but we must be fair to Peter: if we believe what we see today in the Acts of the Apostles, Peter was the one who began in Caesarea and, precisely, in the house of Cornelius, the Roman centurion.

Psalm 117(118) has become the Easter psalm par excellence. Christ is the stone despised and rejected by the builders, but: turned into the cornerstone, the stone on which the new humanity rests. From now on, humanity freed from death can sing with Him: "No, I will not die; I will live to announce the actions of the "LORD".

The liturgy offers us two readings to choose from. But reading and meditating on them both together is very interesting! It is about the reading of some verses from Saint Paul, in his letter to the Colossians and others from the first to the Corinthians. First of all, it is necessary to get used to the vocabulary used by Paul; For example, we may be surprised to hear: "Brothers, you are risen with Christ...or, you are dead with Christ..." To tell the truth, if

we are there today, it is because we are alive...that is, we have not died yet...and we have not been resurrected either! Apparently the words do not have the same meaning for Paul as they do for us! Because, for Paul, after the famous Easter morning, nothing is as before. If you continue reading, you will find the following expression: "You have put on the new man"; and a little further: "above all, put on love, it is the perfect bond of union." Apparently, this is the best commentary on Paul's writings that we read today. "You have clothed", it is already done... "Clothe" is still to be done. Through his death and resurrection, Jesus Christ has triumphed over the worst chains: the chains of death and hatred. And this liberation is contagious, as Paul says: "a little yeast is enough for the whole dough to ferment." The Spirit that continues its work in the world will "ferment," like dough, all of humanity.

John in his gospel notes that it was still dark when the light of the Resurrection had pierced the night. When reading this, one obviously thinks of the Prologue of the Gospel of John: "The light shines in the darkness and the darkness has not taken" in the double sense of the word "take", which means at the same time "to understand" and "stall". The darkness has not understood the light, because, as Jesus also says in Saint John, "the world is incapable of welcoming the Spirit of truth" (Jn 14, 17); or also: "the light came into the world and men preferred darkness to light" (Jn 3, 19); but, despite everything, darkness will not be able to stop the light, in the sense of preventing it from shining; and Saint John also pronounces the phrase that speaks of the victory of Christ: «Be completely sure, I have overcome the world! (Jn 16, 33)»

Tips for prayer

- What resurrection does the gospel tell us about?
- What do you need to resurrect?
- What does our world need to resurrect?



AMBIENTAL MUSIC. SLEEPING ON CLOUDS

https://youtu.be/duNQoT6WHGo?si=Ayvc3_1p6TDMTANJ

A STONE MOVED

You have to go in and see.

Experience the mystery,
get closer to the light,

open the eyes,
remember the moments,

bring to memory

words, let go for life,

that leads you to give,

to evangelize

to share the joy

from which it came,

was and is.

You have to enter

and walk around the room

with the look,

in nostalgia, from dreams.

You have to let yourself

catch by magic

of the moment.

Discover the signs

that communicate,

they wake you up

and activate the senses.

Enter and be filled yourself

with the force of Life

that does not make them

capable to tune,

to look forward,

to recover the option,

the mission assumed.

Enter, see and believe.

Something happens

when you connect.

Recognize yourself humble

assume weakness

trust, as usual.

Come in and see,

and decide to

where to go

open to what

It happens there and

start the return.

Let you do it.

light up the darkness,

and be calm

in real ordeals

or fictitious.

Walk together,

build together,

dreaming together,

new horizons.

That's Easter,

lead life to the life.

SONG. Christ the Lord is risen today

<https://www.youtube.com/watch?v=1lchVdAqCwK>

SONG: We are an Easter people

<https://www.youtube.com/watch?v=s3EZYW5UZ00>



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