



## IV SUNDAY – 28<sup>th</sup> of January 2024 Cycle B



### YOU INVITE ME TO CHANGE



#### SETTING

Placed in your hands Lord, I appreciate this moment that opens doors for me, placing me here and now, supports me and shows me the way.

Lord Jesus, my guide and my path, my friend and teacher. You show up in every person I walk with.

I set out my heart, my mind, my hands and my feet. Wake me up and keep me alert to the signs and signals that appear in my life, in my environment. Help me set goals that lead me to my life with more meaning and depth.

How to follow you and how to follow you better? You call me from the metaphor of the fisher of men, how to be, how to do, catch what. You call me to come closer and clean my eyes to see reality, not only mine, but everyone's. And you send me to the place to go and talk

about you and following in your footsteps, do it in your style, in your way.

**SONG: GREAT IS YOUR NAME LORD: Greg Aguiar**

<https://www.youtube.com/watch?v=BosXQNsUPVc>

## **GOSPEL. Mark 1, 21b-28**

“Jesus entered Capernaum, and when the Sabbath came, Jesus went to the synagogue and began to teach. Everyone was amazed at his teaching, because he taught them as one who had authority and not as the scribes. And there was a man in the synagogue possessed by an unclean spirit, who began to shout: “What do you want from us, Jesus of the Nazarene? Have you come to destroy us? I already know who you are: the Holy One of God.” But Jesus rebuked him, saying, “Shut up and get out of this man.” The impure spirit shook him violently and, with a loud scream, came out of that man. Everyone was amazed and asked one another: “What is this? Teach in a new way, full of authority; He gives orders to the impure spirits, and they obey him!” And his fame spread quickly everywhere, throughout the whole region of Galilee.”

**To internalize the text (*Marie-Noëlle THABUT*)**

The book of Deuteronomy reminds us today of an old episode from Sinai in the time of Moses. The people gathered at the foot of the mountain had heard the voice of God speaking to Moses and their hearts were divided between admiration and fear: admiration because it was unprecedented that God himself addressed those poor people; but also fear because could the voice of God be heard without dying? After the insistence of the first reading on the importance of listening to the true word of God transmitted by the prophets, it is not surprising to hear, as an echo of it, Psalm 94(95): “Today will you listen to his word?” Because the people of Israel had not always listened docilely to their prophets, even in the desert when there was much reluctance to what Moses proposed. And this psalm, precisely, is totally impregnated with a very negative experience of what happened in the desert.

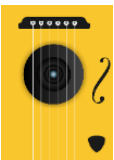
"Be with and for the Lord without divisions", decidedly. This is the only thing important to Paul. We must keep in memory the beautiful

formula that we read last Sunday "Time is limited", literally "time has loaded its sails" like a ship arriving at port. Christ came to fulfil God's desire, "to gather us all in Him."

Mark apparently wanted to focus the reader's interest on the teachings of Jesus, since, in today's story, the words "teach" and "teaching" occur four times in a few lines. That's right, at the beginning of the text "Jesus went to the Synagogue, and there, he taught." Everyone was amazed because of his teaching because he taught as someone who has authority and not like the scribes. "Everyone was wondering: What does this mean? Here is a new teaching, proclaimed with authority! It could be that, among those present, some thought of God's promise to Moses: "I will bring out from among his brothers a prophet like you and put my words into his mouth." (Dt 18:18) It is therefore at the heart of this teaching of Jesus that Mark notices a rupture, a novelty: the history of the world has just changed; the teaching of the scribes has just been replaced by the teaching of the Saviour. And, proof is quickly given, because Mark does not tell us what Jesus has said but rather, between those two instances of this "newbie's" amazing teaching, Mark describes the casting out of a "demon," what we would call today an "exorcism" Which means that, for Mark, the two facets of Jesus' teaching, teaching and exorcism (healing), go together. In other words: that the best of teachings is action, the true one that frees man from all types of evil.

### **Tips for prayer**

- "He taught them as someone who had authority", what do these words mean to you?
- What do you need to be freed from?
- Teaching and healing go together in Jesus. What does our world, your community, your group need to know to be liberated?



### **AMBIENTAL MUSIC.**

<https://youtu.be/X5XwM2k35yk?si=Taw8m-7stGCfXG7s>

## LISTEN TO THE SILENCE

In the melody of silence,  
From day to day, I find you.  
You come to me, you are close.  
More than I can see you,  
you are there and you are  
proposed,  
in every event.  
I want to become aware,  
hear you, feel you, follow you.  
Jesus my guide,  
the wind that drives me  
to overcome rocks that  
They are an obstacle,  
to raise anchor,  
that paralyze me.  
To show me the route  
towards the island of infinity.  
I know who you are,  
and what I can do,  
if I count on you.  
I want to make me,  
in the daily space,  
a meeting place.  
I want to make me,  
in the tender look,  
chance to meet you,  
more and better.  
I want to make my ears,  
listen carefully.  
I want to make my hands,

expression of respect.  
I want to make my mind,  
openness to the new.  
I want to make my words,  
means to talk about you.  
I want to make my feet,  
possibility of reaching another.  
I want to make my dreams,  
a possible world.  
Be like you, follow you.  
Look like you, welcome you.  
Hug like you,  
life and the other,  
Search for you and find you in  
everything.  
Walk and walk,  
greeting the morning,  
thanking the eternal.  
Walk with me and  
let me walk by your side.  
Look like and be you.  
Look at life from you.  
Feel life, like you.  
Welcome everyone, without  
preferring.  
You who are the prophet,  
the incarnate Word,  
Let us be united with you  
to be united we,  
to build together,  
our new world.

## SONG: LORD MAKE ME LIE YOU

<https://www.youtube.com/watch?v=o1R0XVvDQac>

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