



# 1st SUNDAY OF ADVENT

## 3rd of December 2023 - Cycle B



### STAY TUNED



### SETTING

We begin the season of Advent. We hope Lord that you come, although we know that you are always with us. It is a way to update your presence, it is a time for hope, and it is time to open our minds and our hearts to that new way of receiving you, of experiencing you and of carrying you in our words and our gestures in this volatile, uncertain, complex world, ambiguous.

It is a time of opportunity, of challenges, in which open to your love, which is your message, we strengthen our being and our living, so that we make everything new, possible, timely, open, universal, interconnected, diverse and from a vocational culture that inspires us to walk, create and share with everyone, that your Gospel is possible, that authentic, human, fraternal style of believing and living.

Advent is looking at yourself to look at everything and everyone, empowering each person to be a leader and to lead them and lead. In your style Lord, we walk hand in hand with love, peace and justice.

### **SONG. O COME O COME IMMANUEL:**

[https://www.youtube.com/watch?v=Ley1aOPDHCE&list=PLOi3zt2m4ggRhIFETMN\\_PMNgynCNg-Rea](https://www.youtube.com/watch?v=Ley1aOPDHCE&list=PLOi3zt2m4ggRhIFETMN_PMNgynCNg-Rea)

### **GOSPEL. Mark 13, 33-37**

“Be attentive and watch, because you do not know when the time will be. Just like a man who is absent: he leaves his house, gives powers to his servants, each one his job, and orders the porter to watch; Watch, therefore, since you do not know when the owner of the house comes, whether at dusk, or at midnight, or at cockcrow, or at dawn. When he arrives suddenly and find you asleep. What I say to you, I say to all: Watch!

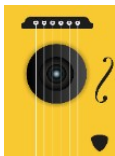
#### **To deepen the Word (*Marie-Noëlle THABUT*)**

Today, the text of Isaiah, in its prayer, is very similar to the Lord's Prayer. He says twice, in the text that the liturgy proposes to us: “You are our Father, our Redeemer; this has been your name forever”... and in the last line: “LORD, you are our Father.” Follow the image of the potter: “We are the clay, and you are the potter: we are all the work of your hands.” As for Psalm 79 (80), it is a true summary of the history of Israel: with its hours of glory and its hours of sorrow. The hours of glory are, evidently, the beginnings of that people with the departure from Egypt, the Exodus, the entry into the Promised Land and the Alliance of God with the twelve tribes. These people know that it is God who has really caused them to be born and grow. It is God who protects it, guarding it with zeal. “Shepherd of Israel...You who lead the flock...Visit this vineyard, which your hands have planted...May your hand support your protected one.” Follow Paul's text that

today invites us to look for an image that will help us understand its background. You could opt for the compass: no matter what happens, a compass, worthy of its name, will always indicate north; irresistibly it always returns there. For Paul, then, a Christian is like a compass and always tends towards the Future... It will be necessary to write "To-Come" with two words. Christians do not refer to the past, but rather tend towards the Future. Surely, if this reading has been proposed to us today, it is precisely because Advent is the time in which reveals to us all the dimensions of Christian Waiting, through which we re-enter the perspective of the Future that God promises us. Finally, today, Mark tells us in his Gospel: "Be attentive and watch (in the sense of 'stay awake'), for you do not know when the time will come." One gets the impression that this means "you could let yourself be surprised." This is what today's text wants to clarify: "watch" means "pray"; Do not pray to the Father so that He himself brings about His Kingdom, without counting on us. This is not your project. But to pray that God fills us with his Spirit in such a way that, from now on, we look at the world, which is the raw material of the Kingdom, with the eyes of God and thus, be able to act in the sense of the Kingdom. This is our reason for living and what a program! to be Potters of the house of God, to us, therefore, to help all humanity enter the Kingdom and not to forget the lesson of the parable of the talents: the owner of the house has confidence in us and leaves us his treasures. The only response, worthy of the honour that He gives us, is to have complete trust in Him and get to work seriously.

### **Tips for Prayer**

- What does this season of Advent mean to you?
- What does Advent mean in your life?
- What do this Sunday's gospel invites you to?



**AMBIENTAL MUSIC.**

**HEALING TOUCH – PAUL AVGERINOS**

<https://www.youtube.com/watch?v=G1oJefqZwcs>

## AT THIS MOMENT

It's time to look  
To the world with your eyes  
Of God.  
It's time to pray  
So that your strength  
Energize us.  
It's time to believe  
That you keep coming  
Every time  
And we can learn  
To recognize you among  
Our hands,  
And in our gestures  
And words announce you.  
It's time to think  
And evaluate what we  
Helps to grow more,  
In humanity,  
In humility,  
In boldness,  
In proximity to the other,  
In hospitality,  
To be more universal,  
In generating networking,  
In communicating more,  
In betting on  
The possibility,

In generating alliances,  
In connecting what  
We think and  
What we do,  
In developing talent,  
In being more empathetic,  
In training ourselves more,  
In believing in young people,  
In not abandoning  
To the elderly,  
In opening our minds,  
In opening our house,  
In accompanying loneliness,  
The lack of illusion,  
In not complaining so much  
And be more grateful.  
This is the time  
To start again,  
To raise anchors,  
To overcome difficulties,  
To throw ourselves into the  
wind.  
It's always time  
To watch and open  
To the hope  
Of the moment.

## SONG. AWAEN AND PREPARE US – M.HAYES

<https://www.youtube.com/watch?v=2X5nzx3xfJg>



**Sisters of Charity of St. Anne.**

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