



Sunday of CORPUS CHRISTI

11th of June 2023 - Cycle A



EAT FROM THE SAME BREAD - BEING



SETTING

I open my arms to you Lord, from silence, in the sacred space of life.

I want to follow you and navigate the immense seas in which to be in your image. Recognize yourself in others and be with them. Communion with your bread and with your wine let us all eat from the same bread. Unite with you in every gesture, communicating life. From your life style and from your call, let all be one.

SONG. I am the living bread – NYCYPD

<https://www.youtube.com/watch?v=M3rMJKIT0>

GOSPEL - John 6, 51-58

“I am the living bread that came down from heaven. If anyone eats this bread, he will live forever; and the bread that I am going to give you is my flesh for the life of the world.” The Jews argued among themselves and said, "How can he give us his meat to eat?" Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day. Because my flesh is true food and my blood is true drink. He who eats my flesh and drinks my blood abides in me, and I in him. Just as the Father, who lives, has sent me and I live because of the Father, so he who eats me will live because of me. This is the bread come down from heaven; not like the one your fathers ate and died; whoever eats this bread will live forever.”

Let us deepen the gospel

After this speech by Jesus, many people stopped following him. What he was saying seemed unacceptable; Faced with this situation, Jesus turns to the twelve and asks them: "And you do not want to leave?" To which Peter replied, “Lord, to whom shall we go? You have words of eternal life". Here is the paradox of faith: these words are humanly incomprehensible and yet they make us live. We need to follow Peter's path: live on those words, let them feed us and inhabit us without trying to explain them. Here we already have a great lesson: it is not in books where one must look for the explanation of the Eucharist; it is better to participate in it, to let Jesus, the Christ, make us enter into his mystery of life.

The word that is repeated in this text is the word of life: "The bread of life that I will give you is my flesh, given so that the world may have life." The word "flesh" here, in the blood of Jesus, is equivalent to life: we can therefore read "my life given so that the world may have life." And we fully understand that Jesus alludes to his Passion and that mystery. The letter to the Hebrews says it very well: "Entering the world, Jesus Christ says: I have come to do your will" and God's will, as is known, is that the world may have life. A life

that is a gift: "the bread that I will give you"; everything is a gift: Isaiah had already announced it "Oh, thirsty, everyone come to the waters, even those who have no money! Come, buy and eat, buy without money and without payment wine and milk! Why do you spend money on what does not feed and the fruit of your labour on what does not fill you up? Listen attentively to me and eat good things, and may your soul be delighted! Incline your ear and come to me; listen and you will live!" (Is 55, 1 - 3). **And what makes us live is the gift of Jesus Christ. All we have to do is welcome it.**

Clues for prayer

- What are you hungry for today? How do you satisfy this hunger?
- What does it mean in your life to eat the flesh of Christ?
- What does the life of living Christ dead and risen invites you to do?

AMBIENTMUSIC. SUNSETLIVESOLOVIOLIN

<https://www.youtube.com/watch?v=C36--XRmorc>

YOU ARE MORE

Of your body Lord
our strength.
You tilt your gaze
to the small,
to what opens to you
Looking for support,
listen and understanding.
You incline your ears
to the one who whispers
Keywords,
who seek to tune in
with yours
you bow your face
in search of that one
who tries to get closer
But it does not arrive

You reach out your hand
Waiting for the meeting
With others than
They want to touch, palpate
and thus generate new strengths.
You take a step and
You get face to face
With the one who walks head down,
You face glances
And express welcome
Before every reality.
You utter words
That reaches the singles,
Those who understand you
And they appreciate everything.
You make gestures
Bold, rarely seen.
Opt and position yourself
Next to the victims
Of any gender.
You open paths
Of hope
For all.
You give without looking
Nor to whom,
Nor how much,
Nor how.
You are special,
Want.

SONG. To whom shall we go? – Christian youth

<https://www.youtube.com/watch?v=2M7o0vIK-9w>

SONG. You are my all - Shemaroo

<https://www.youtube.com/watch?v=DbMejWoW1XI>



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**Cuidando
Protegiendo**