

Gospel: **PENTECOST SUNDAY**  
5 June 2022. Cycle C



## **EACH ONE OF YOU**



## **RECEIVE MY SPIRIT**

### **SETTING**

Come Eternal Spirit, come into our lives, be our light, guide our hearts towards what is human and fraternal. You, the giver of grace, security in the face of uncertainty, coherence in the ambiguous, simplicity in the complex. All in all, without imposing anything, you are the channel through which natural life circulates.

Renew our being, may we be reborn again. Accept what we can offer you and make us to become the best version of ourselves.

May our prayer in silence and gratitude for everything we receive from you help us to internalize the meaning of what we celebrate and dispose us to give everything.

Come Holy Spirit

**SONG. Come Holy Spirit in my life – Pauline**

<https://www.youtube.com/watch?v=yQWEkzTXqNA>

## **GOSPEL – John: 14, 15-16.23-26**

"If you love me, you will keep my commandments; and I will ask the Father and he will give you another Advocate, to be with you forever. Those who love me will keep my word, and my Father will will love them, and we will come to them and make our home with them. Whoever does not love me does not keep my words: and the word that you hear is not mine, but it is from the father who sent me. I have said these things while I am still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you."

### **We deepen the Gospel**

Very interesting the fact that, in the feast of the Spirit, the gospel that is proposed to us only speaks to us of love! Often, we are tempted to think of the Holy Spirit in terms of inspiration, ideas, discernment, that is: intelligence. Jesus, however, tells us here: the Spirit of God is something else, the spirit of God is Love personified and it is not strange, because, as Saint John says; "God is love".

This means that, in the morning of Pentecost, in Jerusalem, when the disciples were filled with the Holy Spirit, it was the love of God himself that invaded them. In the same way, we too, baptized and confirmed, our capacity for love is inhabited by the same love of God. "You send your breath and they are created" says Psalm 103 (104).

Today, the letter Saint Paul to the Romans tells us about our relationship with God and its message could be summed up "we are no longer slaves, we are children of God". In such a way that the phrase: "If you love me, you will be faithful to my commandments" could be translated as "If you love me, you will serve one another". The love of God and the love of our neighbour are inseparable to such an extent that the quality of our love for God can be judged by the quality of our service towards our brethren and suddenly, the meaning of the phrase "If you love me you will be faithful to my commandments" changes and tells us: If you do not put yourselves at the service of your neighbour, do not pretend to believe that you love me! But the meaning of

this phrase is something we know well: the ability to love is an art and art is learned by practicing it! The Father's love has no measure, it is infinite. What is limited is our capacity to receive this love that, in us, is limited and that grows when we practice it. To finish, let us return to the word "Defender": it is true that we need a Defender... Yes, we need a Defender who will constantly pray, in us and for others. And doing this, he will defend us because our true happiness consists in letting day after day, that "the potter" models us in his image.

### **Prayer clues**

1. What does the text say? (Reading)
2. What is God telling me through this text? (Meditation)
3. How do I dialogue with God with what the reading tells me? (Prayer)
4. How do I feel the presence of God in my life? (Contemplation)
5. How do I put into practice the message of the word of God in my real life? (Action)

### **AMBIENTAL MUSIC.**

**Ludovico Einaudi - Seven Days Walking, Low mist**

[https://www.youtube.com/watch?v=qY9haseN\\_a4](https://www.youtube.com/watch?v=qY9haseN_a4)

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**YOU INSPIRE MY LIFE  
PENTECOST**

### **INSPIRER OF DREAM**

**Given away in gifts**

Giver of gifts,  
you give us the good air  
that moves and transforms everything.  
You favour living life  
from the new perspective  
that magnifies the soul,  
that reduces the fears,  
that builds the bridges

between distant shores,  
rugged, powerless;  
where also  
They recognize the talent.  
That makes everything progress,  
despite the difficulty.  
that clears the cloud  
opening sunrises,  
privileged, alive.  
That crosses paths,  
wild, almost impossible.  
Giver of lives  
Who promise to  
build a new world.  
Giver of lucid minds  
to open hearts.  
Giver of charisms of  
powerful projects  
that welcome, add, save.  
Sculptor of beautiful figures.  
Master, who gives birth,  
the work that we each  
one of carry inside  
Magnificent smile giver  
that brightens hard times.  
Flame of alive humour  
Sustained over time.  
Come with your words inspiring,  
gestures and dreams,  
make me giver of life,  
from small.  
living flame of love,  
make me a witness

### **SONG. COME HOLY SPIRIT – English devotional Songs**

<https://www.youtube.com/watch?v=DOIj242UxpM>



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